HEALTH ASSESSMENT/HEALTH APPRAISAL

POLICY.

It is the policy of Deschutes County Sheriff's Office – Adult Jail (AJ) that all inmates who remain in custody longer than fourteen days will receive a Health Assessment by an AJ nurse on a form approved by the Facility Provider.

OREGON JAIL STANDARDS:

- G-201 Screening Follow Up
- G-202 Health Assessment

PROCEDURES.

The jail must have a system for ensuring timely follow-up to problems/needs, identified during the initial screening process. If the inmate has been readmitted to the jail within 12 months of a previous Health Assessment and the admission screening shows no changes, there is the option of not doing an additional Health Assessment.

- A-1. The Medical Unit shall be responsible for identifying those inmates who have been lodged for fourteen days to complete a Health Assessment. The Health Assessment should be completed within 15 days of the inmates' admission to the jail. The inmate has the right to refuse a Health Assessment.
- **B-1.** The Health Assessment shall include:
 - a. Review of the Medical Receiving Screening Form and any other medical information known to the AJ.
 - b. Collection of additional medical, dental and psychiatric histories, as appropriate.
 - c. A general physical examination including, but not limited to, height, weight, blood pressure, pulse and temperature.
 - d. Review of significant abnormal findings by the doctor or Facility Provider.
 - e. At inmate request, an assessment of the inmate's mental health status by the AJ Behavioral Health Unit.
 - f. Screening for venereal disease.
 - g. Test for Tuberculosis, with inmate consent.

- h. Any other tests and examinations as appropriate.
- i. A dental observation.
- j. Any health care education needs or self-care skill teaching needed by the inmate shall be done at the time of the Health Appraisal. The nurse shall assess the individual inmate's needs, teaching as necessary. Subjects for health education may include personal hygiene, physical fitness, nutrition, substance abuse, family planning, sexually transmitted diseases, HIV prevention and breast self-examination.
- C-1. The Health Assessment record shall be placed in the inmate's electronic health record.
- **D-1.** Any abnormal results of the examination will be reviewed by the Facility Provider for the identification of problems.
- **E-1.** Health Assessments are not required for all inmates. Inmates readmitted to the AJ within 12 months of the last screening and who report <u>no</u> change in health status, do not require a new Health Assessment. Histories, PE's, and tests are updated when appropriate.
- **F-1.** No routine Pap smear or pelvic exams will be done at the AJ. If the female inmate presents symptoms of gynecological conditions, these will be reviewed with the Facility Provider and they will make a determination.
- G-1. There will be no charge for the Health Assessment to the inmate.